

Dr. Alan Brimson is a former Marine Chaplain. He has counseled with hundreds of men and women in the U.S. Armed Forces, helping them find freedom from bondages associated with emotional scars and childhood memories. After retiring from the military, Alan began using his experience in his marriage and family counseling practice. Now, he shares his techniques in his new book -

[Overgrown Windows](#)

“Not long ago, I went back to the little rural community where I grew up for the funeral of a old friend. Before leaving to go back home, I took a drive out to the old home place where my family lived from my toddler days through my rebellious teenage years.”

“Sadly, the old farm house was mostly in ruin. One thing left standing was an old arbor, overgrown with branches and vines. As I sat in the shade underneath the arbor, I gazed out the side window at a rock wall I helped my dad build so long ago. I couldn’t help but notice that my life - my memories, have a lot in common with the scene before me. The window of my past is overgrown and obscured by time and emotion. Like knots on the branches, there are gaps in my memories. Yet, the rock wall looked strong as ever, though covered by debris. Looking through the overgrown memories, I could see walls that I had built inside of me.” ...Alan Brimson

No matter how old you get, experiences of the past (or your perception of those experiences) will impact you and everyone around you. In [Overgrown Windows](#), Dr. Alan Brimson will guide through a journey into your past to heal the child inside.

Overgrown Windows



Unlocking the
Secrets of
Childhood
Memories

What about your
early childhood
memories?

Learn how these
memories make up
who you are today.

You really can turn
bad memories into
positive motivators.

Overgrown Windows

*How Knotted Memories
Bind The Soul*

Dr. Alan Brimson

BS
BOOKS ISBN @ -0000-0000-X

Brimson

BS
BOOKS